



## South Western Salad with Avocado Cilantro Dressing

8 servings

15 minutes

### Ingredients

- 1 head Romaine
- 1 cup Cherry Tomatoes (Halved)
- 1 can Black Beans (Rinsed well)
- 1 cup Corn
- 1/2 cup Green Onion (Chopped)
- 1 Red Bell Pepper (chopped)
- 1 Dressing
- 1 Avocado
- 1/4 cup Lime Juice
- 1 cup Cilantro
- 2 tsps Rice Wine Vinager
- 2 tsps Raw Honey
- 1 bulb Garlic
- 2 tbsps Water

### Directions

1. Wash and chop romaine lettuce. Add to a large bowl.
2. Add in remaining vegetables, tomatoes, green onion, corn, red pepper and black beans.
3. In a small food processor add all the ingredients for the dressing. Blend until creamy and smooth.
4. Toss the salad with the avocado cream dressing and enjoy!