South Western Salad with Avocado Cilantro Dressing

**Ingredients**

1 head Romaine
1 cup Cherry Tomatoes (Halved)
1 can Black Beans (Rinsed well)
1 cup Corn
1/2 cup Green Onion (Chopped)
1 Red Bell Pepper (chopped)
1 Dressing
1 Avocado
1/4 cup Lime Juice
1 cup Cilantro
2 tsps Rice Wine Vinegar
2 tsps Raw Honey
1 bulb Garlic
2 tsps Water

**Directions**

1. 1. Wash and chop romaine lettuce. Add to a large bowl.
2. Add in remaining vegetables, tomatoes, green onion, corn, red pepper and black beans.
3. In a small food processor add all the ingredients for the dressing. Blend until creamy and smooth.
4. Toss the salad with the avocado cream dressing and enjoy!

https://yaworskywellness.com/